

Questions to ask your doctor about Kidney Disease

Your doctor has the training and experience to tell you everything you need to know to manage your kidney disease. But sometimes starting the conversation can feel intimidating. When you're unsure how to begin, just remember that no question is a stupid one when it comes to your own health.

If you want to talk to your doctor about a treatment option such as home haemodialysis, the following questions should help you get started. Begin by discussing why you are interested in it and then you might ask:

1. What are the benefits of more frequent home haemodialysis?
2. What are the risks of home haemodialysis? How safe is it?
3. What is the difference between home haemodialysis and in-center dialysis?
4. How do I get started with home haemodialysis? Where do I go?
5. How long are home haemodialysis treatments?
6. Will I be able to travel?
7. Will I have to do the treatments on my own or will I have help?
8. Who should I select as my care partner?
9. What else should I know about home haemodialysis?
10. What therapy would you choose for yourself if you had kidney failure?
11. Would you recommend home haemodialysis for me?
12. When can I start it?

After you talk with your doctor, make sure you make a plan for a next step. If you would like to try home haemodialysis, find out when you can start training.

For more information on home haemodialysis make sure to visit www.nxstage.co.uk